



# Rose Bowl Aquatics Center

## Therapy Programs Intake Packet

### PATIENT INFORMATION:

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Gender: \_\_\_\_\_ Male \_\_\_\_\_ Female  
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Occupation: \_\_\_\_\_

### EMERGENCY CONTACT:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

### HOW DID YOU FIND OUT ABOUT US?

\_\_\_\_ Friends or Family member      \_\_\_\_ RBAC Member      \_\_\_\_ Former Patient  
\_\_\_\_ Website      \_\_\_\_ Phone Book/ Yellow Pages      \_\_\_\_ Physician  
\_\_\_\_ Advertisement      \_\_\_\_ Other \_\_\_\_\_

### Why are you here today?

\_\_\_\_\_  
\_\_\_\_\_

### REFERRING PHYSICIAN:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

### ALL OTHER PHYSICIANS:

Name: \_\_\_\_\_ Specialty: \_\_\_\_\_ Phone: \_\_\_\_\_  
Name: \_\_\_\_\_ Specialty: \_\_\_\_\_ Phone: \_\_\_\_\_  
Name: \_\_\_\_\_ Specialty: \_\_\_\_\_ Phone: \_\_\_\_\_  
Name: \_\_\_\_\_ Specialty: \_\_\_\_\_ Phone: \_\_\_\_\_

Have you had Physical, Occupational, Speech, or Chiropractic Therapy in the past year? \_\_\_Yes \_\_\_No

Where? \_\_\_\_\_

How many visits? \_\_\_\_\_

**Please check any of the following whose care you are under:**

\_\_\_ Medical Doctor

\_\_\_ Psychiatrist/Psychologist

\_\_\_ Osteopath

\_\_\_ Physical Therapist

\_\_\_ Dentist

\_\_\_ Chiropractor

\_\_\_ Other \_\_\_\_\_

If you have seen any of the above in the past three months, please describe for what reason (illness, medical condition, physical, etc.): \_\_\_\_\_

**Have you ever been diagnosed as having any of the following conditions? (Please circle)**

Y N Do you wear external protection garments for bladder leakage or incontinence? \_\_\_Day \_\_\_Night

Y N Do you have stress or urgent incontinence?

Y N Cancer. If yes, describe what kind and date of diagnosis: \_\_\_\_\_

Y N Heart Attack

Y N Rheumatoid Arthritis

Y N Heart Arrhythmia

Y N Other Arthritic Conditions

Y N Heart Valve Problems

Y N Fibromyalgia/ Chronic Fatigue

Y N Do you have a pacemaker

Y N Depression

Y N Deep Venous Thrombosis (Blood Clots)

Y N Hepatitis

Y N High Blood Pressure

Y N Stroke

Y N Circulation Problems

Y N Kidney Disease

Y N Asthma

Y N Anemia

Y N Emphysema/Bronchitis

Y N Epilepsy/Seizures

Y N Chemical Dependency (i.e. alcoholism)

Y N Osteoporosis/ Osteopenia

Y N Thyroid Problems

Y N Dementia

Y N Diabetes

Y N Other \_\_\_\_\_

Y N Multiple Sclerosis

**Please list any surgeries or other conditions for which you have been hospitalized, including the approximate date and reason for surgery or hospitalization:**

Date

Reason For Hospitalization/Surgery

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

**Please describe any significant injuries for which you have been treated (fractures, dislocations, sprains, etc.) and the approximate date of injury:**

Date	Injury
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

**Please list any PERSCRIPTION medications you are currently taking (pills, injections, skin patches, etc.)**

1. _____	4. _____
2. _____	5. _____
3. _____	6. _____

**Please list any OVER-THE-COUNTER medications you have taken during the past week:**

Y N Aspirin	Y N Antihistamines
Y N Tylenol	Y N Antacid
Y N Advil/Motrin/Ibuprofen	Y N Vitamin/Mineral/ Herbal Supplements
Y N Laxatives	Y N Other _____
Y N Decongestants	

**General Health Questions:**

Y N During the past month have you been feeling down, depressed, or hopeless?  
Y N Do you ever feel unsafe at home or has anyone hit or tried to injure you in any way?  
Y N Do you smoke cigarettes? How many cigarettes do you smoke per day? \_\_\_\_\_  
Y N Do you chew tobacco?  
Y N WOMEN: Are you currently pregnant or think that you might be pregnant?

How many caffeinated coffee or caffeine containing beverages do you drink per day? \_\_\_\_\_  
How many days per week do you drink alcohol? \_\_\_\_\_ Average # of drinks per sitting? \_\_\_\_\_

**Have you recently noted any of the following?**

Y N Weight Loss/ Gain	Y N Weakness
Y N Nausea/Vomiting	Y N Fever/Chills/Sweats
Y N Fatigue	Y N Numbness/Tingling

**Goals: Why are you coming here? What activities do you want to get back to?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Patients Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Reviewed By - Physical Therapist Signature

\_\_\_\_\_  
Date